



## Tifolic ®

Each tablet contains Composition

Folic Acid	5	mg
Doxylamine Succinate	10 mg	
Pyridoxine Hcl	10 ı	mg

## Indications

Tifolic is indicated in nausea and vomiting during pregnancy.

## **Description**

Folic acid, a biochemically inactive compound, is the precursor for tetrahydrofolic acid and methyltetrahydrofolate. Tetrahydrofolic acid, methyltetrahydrofolate, and other folic acid congeners are essential for the maintenance of normal erythropoiesis and are also required cofactors for the synthesis of purine and thymidylate nucleic acids.

Doxylamine acts by competitively inhibiting histamine at H1 receptors. It also has substantial sedative and anticholinergic effects.

Pyridoxine HCL is involved in the production of hemoglobin in red blood cells and neurotransmitters like serotonin. B6 is required for the metabolism of MSG.

Pyridoxine HCL is shown to Increase seritonin levels in the brain.

Improve energy production in the body.

## Dosage and Administration

2 tablets at bedtime. If required, 1 additional tablet in the morning and 1 tablet in the afternoon

Presentations

10 tablets