

**HARI TULSI®**  
**KADHA**  
Cough Syrup



## Hari Tulsī kadha Cough Syrup ®

Each 5ml contains:

Compositions:

Vasa.....	400 mg
Haridra.....	50 mg
Kantakari.....	200 mg
Somavalli.....	50 mg
Yastimadhu.....	250 mg
Tulsi.....	100 mg
Bibhitak.....	50 mg
Virshya.....	50 mg
Bharangi.....	100 mg
Trikatu.....	90 mg
Saubhagya Pushpa.....	50 mg
Pudina Satva.....	10 mg

Indications :

Useful in cough, cold, Asthma & upper respiratory track infections.

Description:

HARI TULSI KADHA is a combination of herbs acting on the respiratory tract and rectifying the abnormalities of the digestive system, since impairment of the digestive system is considered to be responsible for various types of cough. Several herbs like the leaves of the vasa plant contain the alkaloid vasicine (C<sub>11</sub>H<sub>12</sub>N<sub>2</sub>O), which is responsible for the small but persistent bronchodilatation, and an essential oil which is chiefly responsible for the expectorant action. The leaves and roots contain other alkaloids, vasicinone, vasicinolone and vasicol, which may contribute to the bronchodilatory effect through anticholinergic action on the vagal innervation of the bronchii. The bronchodilation effect is considerably increased after atropine administration. Studies have also shown vasa to be effective in the treatment of amlapitta (dyspepsia) and pyorrhea. The in vitro growth of several strains of Mycoplasma tuberculosis was inhibited by the essential oil at concentrations in the range of 2-20 ug/ml. There has also been a report of thrombopoetic (platelet-increasing) activity with vasicine. Kantkari (Solanum Xantho-carpum) is one of the members of the dasamula (ten root) of the Ayurveda. It is a very spiny diffuse herb up to 1.2 m tall, commonly found throughout India. The juice of berries is used in sore throat. Roots and seeds are administered as an expectorant in asthma and cough and pain in chest. Stem flowers and fruits are bitter and carminative and are prescribed for relief in burning sensation in the feet. Leaves are applied locally to relieve pain.



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Yastimadhu is useful for many respiratory disorders as well as cough. Yastimadhu helps to increase the appetite by facilitating proper evacuation of stools. This herb has a special action on kapha, which helps in expectoration of the accumulated kapha. It is mainly used as an expectorant and antitussive agent. It has shown anti-inflammatory activity. De-glycyrrhiza liquorice extract is now an important substance for treatment of gastric and duodenal ulcers.

A strong decoction makes a good laxative for children and may also help to reduce fever. Add licorice to other medicines to make them more palatable.

'Tulsi' (basil) has a positive effect over blood pressure and also a de-toxicant, its regular use prevents heart attacks.

Dosage:

5-15 ml. Three times a day.

