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TAJ PHARMACEUTICALS LIMITED (INDIA)



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NOTRIN

Adult nasal spray (xylometazoline)

Main use: Nasal congestion

Active ingredient: Xylometazoline hydrochloride

Manufacturer: TAJ PHARMACEUTICALS LIMITED (INDIA)

How does it work?

NOTRIN adult nasal spray contains the active ingredient xylometazoline, which is a type of medicine called a decongestant.

When this medicine is sprayed into the nose, the xylometazoline works by acting on alpha receptors that are found in the walls of blood vessels in the linings of the nasal passages and sinuses. It causes these blood vessels to contract and narrow, thereby decreasing blood flow into the linings of the nose and sinuses. This reduces swelling and the feeling of congestion. It also reduces the production of mucus, helping to relieve a blocked nose.

The nasal spray helps relieve congestion in a few minutes and the effect of the medicine lasts for up to **10 hours.** One spray should be used in each nostril two to three times a day, for up to seven days.

As the medicine causes the blood vessels in the nose to contract, it minimises the amount of medicine that is absorbed into the bloodstream from the nose. This means that the nasal spray has a relatively local effect in the nose and is unlikely to have side effects on other parts of the body.

What is it used for?

>> Relieving a blocked nose (nasal congestion) associated with colds, flu, sinusitis and nasal allergies (allergic rhinitis) such as hayfever.

Warning!

- This medicine is for nasal use only and should not be taken by mouth.
- Avoid getting the spray in the eyes.
- You should not use this medicine continuously for longer than seven days. This is because the medicine can become less effective if used excessively. In addition, nasal congestion may come back (rebound congestion) when you stop using the medicine if you use it for too long.
 - For reasons of hygiene, do not use this nasal spray more than 28 days after first opening it.
 - Each nasal spray should only be used by one person, to avoid spreading infection.

Use with caution in

- Heart disease.
- High blood pressure (hypertension).
- Overactive thyroid gland (hyperthyroidism).
- Diabetes.

Not to be used in

- Children under 12 years of age.
- Pregnancy.
- People who have recently had neurosurgery.
- People who have had their pituitary gland surgically removed.
- People who have taken a monoamine oxidase inhibitor (MAOI) antidepressant (eg phenelzine, isocarboxazid, tranylcypromine or moclobemide) in the last 14 days.

This medicine should not be used if you are allergic to one or any of its ingredients. Please inform your doctor or pharmacist if you have previously experienced such an allergy.

If you feel you have experienced an allergic reaction, stop using this medicine and inform your doctor or pharmacist immediately.

Pregnancy and breastfeeding

Certain medicines should not be used during pregnancy or breastfeeding. However, other medicines may be safely used in pregnancy or breastfeeding providing the benefits to the mother outweigh the risks to the unborn baby. Always inform your doctor if you are pregnant or planning a pregnancy, before using any medicine.

- The safety of this medicine for use during pregnancy has not been established. It is not recommended for use by pregnant women. Seek medical advice from your doctor.
- It is not known if this medicine passes into breast milk. Seek medical advice from your doctor before using this medicine if you are breastfeeding.

Side effects

Medicines and their possible side effects can affect individual people in different ways. The following are some of the side effects that are known to be associated with this medicine. Just because a side effect is stated here does not mean that all people using this medicine will experience that or any side effect.

- Irritation of the tissues in the nose.
- Burning, stinging or dryness of nasal lining.
- Sneezing.
- Headache.
- Nausea.

The side effects listed above may not include all of the side effects reported by the drug's manufacturer.

For more information about any other possible risks associated with this medicine, please read the information provided with the medicine or consult your doctor or pharmacist. How can this medicine affect other medicines?

If you are taking any other medicines, including those bought without a prescription and herbal medicines, you should check with your doctor or pharmacist before using this medicine, to ensure that the combination is safe.

You should not use this medicine if you are currently taking a monoamine oxidase inhibitor (MAOI) antidepressant (eg phenelzine, isocarboxazid, tranylcypromine or moclobemide), or if you have taken one of these medicines in the last 14 days. This is because the combination could cause a dangerous rise in blood pressure.

Other medicines containing the same active ingredient

NOTRIN adult measured dose sinusitis spray
NOTRIN adult menthol nasal spray
NOTRIN adult nasal drops
NOTRIN child nasal drops
Sudafed decongestant nasal spray

Drops: Take 3 to 4 times a day. (1 to 2 Drops)



FOR MORE DETAILS:

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