

# TAI PHARMA

FOR CHRONIC IRON OVERLOAD DUE TO BLOOD TRANSFUSION



# 100.125.250.400 & 500 MG

## Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.

TABLETS FOR ORAL SUSPENSION

- If you have any further questions, ask your doctor, pharmacist
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness
- are the same as yours.
- If you get any of the side effects talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

## What is in this leaflet

- 1. What DEFERASIROX is and what it is used for
- 2. What you need to know before you take DEFERASIROX
- 3. How to take DEFERASIROX
- 4. Possible side effects
- 5. How to store DEFERASIROX
- 6. Contents of the pack and other information

#### 1. What DEFERASIROX is and what it is used for

### What DEFERASIROX is

DEFERASIROX contains an active substance called deferasirox. It is an iron chelator which is a medicine used

to remove the excess iron from the body (also called iron overload). It traps and removes excess iron

which is then excreted mainly in the stools.

What DEFERASIROX is used for

Repeated blood transfusions may be necessary in patients with various types of anaemia (for example

thalassaemia, sickle cell disease or myelodysplastic syndromes (MDS)).

However, repeated blood transfusions can cause a build-up of excess iron. This is because blood

contains iron and your body does not have a natural way to remove the excess iron you get with your blood

transfusions. In patients with

non-transfusion-dependent thalassaemia syndromes, iron overload may also develop over time, mainly

due to increased absorption of dietary iron in response to low blood cell

counts. Over time, the excess iron can damage important organs such as the liver and heart. Medicines called iron chelators are used to

remove the excess iron and reduce the risk of it causing organ damage.

DEFERASIROX is used to treat chronic iron overload caused by frequent blood transfusions in patients with

#### beta thalassaemia major aged 6 years and older.

DEFERASIROX is also used to treat chronic iron overload when deferoxamine therapy is contraindicated or

inadequate in patients with beta thalassaemia major with iron overload caused by infrequent blood

transfusions, in patients with other types of anaemias, and in children aged 2

DEFERASIROX is also used when deferoxamine therapy is contraindicated or inadequate to treat patients aged

10 years or older who have iron overload associated with their thalassaemia

syndromes, but who are not transfusion dependent.

## 2. What you need to know before you take DEFERASIROX

Do not take DEFERASIROX

- if you are allergic to deferasirox or any of the other ingredients of this medicine (listed in

section 6). If this applies to you, tell your doctor before taking

DEFERASIROX. If you think you may be allergic, ask your doctor for advice.

- if you have moderate or severe kidney disease.

- if you are currently taking any other iron chelator medicines. DEFERASIROX is not recommended
- if you are at an advanced stage of myelodysplastic syndrome (MDS: decreased production of

blood cells by the bone marrow) or have advanced cancer. Warnings and precautions

Talk to your doctor or pharmacist before taking DEFERASIROX: - if you have a kidney or liver problem.

- if you have a cardiac problem due to iron overload.
- if you notice a marked decrease in your urine output (sign of kidney
- if you develop a severe rash, or difficulty breathing and dizziness or swelling mainly of the face

and throat (signs of severe allergic reaction, see also section 4 "Possible

- if you develop a rash, red skin, blistering of the lips, eyes or mouth, skin peeling, fever (signs of

severe skin reaction, see also section 4 "Possible side effects").

- if you experience a combination of drowsiness, upper right abdominal pain, vellowing or increased

yellowing of your skin or eyes and dark urine (signs of liver problems).

- if you vomit blood and/or have black stools.
- if you experience frequent abdominal pain, particularly after eating or taking DEFERASIROX.
- if you experience frequent heartburn.
- if you have a low level of platelets or white blood cells in your blood test.
- if you have blurred vision.
- if you have diarrhoea or vomiting.

If any of these apply to you, tell your doctor straight away.

Monitoring your DEFERASIROX treatment

You will have regular blood and urine tests during treatment. These will monitor the amount of iron in

your body (blood level of ferritin) to see how well DEFERASIROX is working. The tests will also monitor your

kidney function (blood level of creatinine, presence of protein in the urine) and liver function (blood

level of transaminases). Your doctor may require you to undergo a kidney

biopsy, if he/she suspects significant kidney damage. You may also have MRI (magnetic resonance

imaging) tests to determine the

amount of iron in your liver. Your doctor will take these tests into consideration when deciding on the

dose of DEFERASIROX most suitable for you and will also use these tests to decide when you should stop

taking DEFERASIROX

Your evesight and hearing will be tested each year during treatment as a precautionary measure.

Other medicines and DEFERASIROX

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

This includes in particular:

- other iron chelators, which must not be taken with DEFERASIROX.
- antatacids (medicines used to treat heartburn) containing aluminium. which should not be taken at
- the same time of day as DEFERASIROX.
- ciclosporin (used to prevent the body rejecting a transplanted organ or for other conditions, such as
- rheumatoid arthritis or atopic dermatitis), simvastatin (used to lower cholesterol).

- certain painkillers or anti-inflammatory medicines (e.g. aspirin. ibuprofen, corticosteroids).
- oral bisphosphonates (used to treat osteoporosis),
- anticoagulant medicines (used to prevent or treat blood clotting).
- hormonal contraceptive agents (birth control medicines),
- bepridil, ergotamine (used for heart problems and migraines),
- repadinide (used to treat diabetes).
- rifampicin (used to treat tuberculosis).
- phenytoin, phenobarbital, carbamazepine (used to treat epilepsy),
- ritonavir (used in the treatment of HIV infection),
- paclitaxel (used in cancer treatment).
- theophylline (used to treat respiratory diseases such as asthma),
- clozapine (used to treat psychiatric disorders such as schizophrenia),
- tizanidine (used as a muscle relaxant).
- cholestyramine (used to lower cholesterol levels in the blood).

Additional tests may be required to monitor the blood levels of some of these medicines

Older people (age 65 years and over)

DEFERASIROX can be used by people aged 65 years and over at the same dose as for other adults. Elderly

patients may experience more side effects (in particular diarrhoea) than vounger patients. They should be

monitored closely by their doctor for side effects that may require a dose adjustment

Children and adolescents

DEFERASIROX can be used in children and adolescents receiving regular blood transfusions aged 2 years and

over and in children and adolescents not receiving regular blood transfusions aged 10 years and over. As

the patient grows the doctor will adjust the dose.

DEFERASIROX is not recommended for children aged under 2 years.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your

doctor for advice before taking this medicine.

DEFERASIROX is not recommended during pregnancy unless clearly

If you are currently using an oral contraceptive or using a patch

contraceptive to prevent pregnancy, you should use an additional or different type of contraception (e.g.

condom), as DEFERASIROX may reduce the effectiveness of oral and patch contraceptives.

Breast-feeding is not recommended during treatment with

DEFERASIROX. Driving and using machines

If you feel dizzy after taking DEFERASIROX, do not drive or operate any tools or machines until you are feeling normal again.

DEFERASIROX contains lactose

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

## 3. How to take DEFERASIROX

Treatment with DEFERASIROX will be overseen by a doctor who is experienced in the treatment of iron

overload caused by blood transfusions.

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if

you are not sure.

How much DEFERASIROX to take

The dose of DEFERASIROX is related to body weight for all patients. Your doctor will calculate the dose you

need and tell you how many tablets to take each day. The usual daily dose for DEFERASIROX dispersible tablets at the start

of the treatment for patients receiving regular blood transfusions is 20 mg per kilogram body weight. A higher or lower starting

dose may be recommended by your doctor based on your individual

treatment needs.

. The usual daily dose for DEFERASIROX dispersible tablets at the start of the treatment for patients not

receiving regular blood transfusions is 10 mg per kilogram body weight.

. Depending on how you respond to treatment, your doctor may later adjust your treatment to a

higher or lower dose.

 The maximum recommended daily dose for DEFERASIROX dispersible tablets is 40 mg per kilogram

body weight for patients receiving regular blood transfusions, 20 mg per kilogram body weight for

adult patients not receiving regular blood transfusions and 10 mg per kilogram body weight for

children and adolescents not receiving regular blood transfusions. Deferasirox also comes as "film-coated" tablets. If you are switching from the film-coated tablets to these

dispersible tablets, you will need an adjustment of the dose. When to take DEFERASIROX

- . Take DEFERASIROX once a day, every day, at about the same time each
- . Take the DEFERASIROX dispersible tablets on an empty stomach.
- . Then wait at least 30 minutes before eating any food.

Taking DEFERASIROX at the same time each day will also help you remember when to take your tablets.

## How to take **Deferasirox:**

 Drop the tablet(s) into a glass of water, or apple or orange juice (100 to 200 ml). · Stir until the

tablet(s) dissolve



## How long to take DEFERASIROX

Continue taking DEFERASIROX every day for as long as your doctor tells you. This is a long-term

treatment, possibly lasting for months or years. Your doctor will regularly monitor your condition to

check that the treatment is having the desired effect (see also section 2: "Monitoring your DEFERASIROX

treatment").

If you have questions about how long to take DEFERASIROX, talk to your

## If you take more DEFERASIROX than you should

If you have taken too much DEFERASIROX, or if someone else accidentally takes your tablets, contact your

doctor or hospital for advice straight away. Show them the pack of tablets. Medical treatment may be

necessary.

#### If you forget to take DEFERASIROX

If you miss a dose, take it as soon as you remember on that day. Take your next dose as scheduled. Do

not take a double dose on the next day to make up for the forgotten tablet(s). If you stop taking DEFERASIROX

Do not stop taking DEFERASIROX unless your doctor tells you to. If you stop taking it, the excess iron will no

longer be removed from your body (see also above section "How long to take DEFERASIROX").

#### 4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. Most of the

side effects are mild to moderate and will generally disappear after a few days to a few weeks of treatment.

# Some side effects could be serious and need immediate medical

These side effects are uncommon (may affect up to 1 in 100 people) or rare (may affect up to 1 in 1.000 people).

· If you get a severe rash, or difficulty breathing and dizziness or swelling mainly of the face and

throat (signs of severe allergic reaction).

- . If you get a severe rash, red skin, blistering of the lips, eyes or mouth. skin peeling, fever,
- . If you notice a marked decrease in your urine output (sign of kidney problem).
- · If you experience a combination of drowsiness, upper right abdominal pain, yellowing or increased

vellowing of your skin or eyes and dark urine (signs of liver problems).

- . If you vomit blood and/or have black stools.
- If you experience frequent abdominal pain, particularly after eating or taking DEFERASIROX.
- · If you experience frequent heartburn,
- . If you experience partial loss of vision,
- · If you experience severe upper stomach pain (pancreatitis),

## stop taking this medicine and tell your doctor straight away.

Some side effects could become serious. These side effects are uncommon

- . If you get blurred or cloudy evesight.
- · If you get reduced hearing,

## tell your doctor as soon as possible.

### Other side effects

Very common (may affect more than 1 in 10 people)

· Disturbance in kidney function tests.

Common (may affect up to 1 in 10 people)

· Gastrointestinal disorders, such as nausea, vomiting, diarrhoea, pain in the abdomen, bloating,

constipation, indigestion

- Rash
- · Headache
- · Disturbance in liver function tests
- Itching

· Disturbance in urine test (protein in the urine)

If any of these affects you severely, tell your doctor. Uncommon (may affect up to 1 in 100 people)

- · Dizziness
- · Fever
- · Sore throat
- . Swelling of arms or legs
- . Change in the colour of the skin
- Anxiety
- Sleep disorder
- · Tiredness
- If any of these affects you severely, tell your doctor. Frequency not known (cannot be estimated from the available data).

. A decrease in the number of cells involved in blood clotting (thrombocytopenia), in the number of

red blood cells (anaemia aggravated), in the number of white blood cells (neutropenia) or in the

number of all kinds of blood cells (pancytopenia)

- · Hair loss
- · Kidney stones
- · Low urine output
- Tear in stomach or intestine wall that can be painful and cause nausea
- · Severe upper stomach pain (pancreatitis)
- · Abnormal level of acid in blood

#### 5. How to store DEFERASIROX

- . Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the blister and the carton after

EXP. The expiry date refers to the last day of that month.

- Store in the original package in order to protect from moisture.
- Do not use any pack that is damaged or shows signs of tampering.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to

throw away medicines you no longer use. These measures will help protect the environment.

## 6. Contents of the pack and other information What DEFERASIROX contains

The active substance is deferasirox.

Each dispersible tablet of DEFERASIROX 125 mg contains 125 mg deferasirox

Each dispersible tablet of DEFERASIROX 250 mg contains 250 mg deferasirox.

Each dispersible tablet of DEFERASIROX 500 mg contains 500 mg

deferasirox. The other ingredients are lactose monohydrate, crospovidone type A, povidone, sodium laurilsulfate,

microcrystalline cellulose, colloidal anhydrous silica and magnesium stearate.

## What DEFERASIROX looks like and contents of the pack

DEFERASIROX is supplied as dispersible tablets. The tablets are offwhite, round and flat,

DEFERASIROX 125 mg, 250 mg and 500 mg dispersible tablets are available in unit packs containing 30, 90 or 100 dispersible tablets.

DEFERASIROX 500 mg dispersible tablets are also available in multipacks containing 100 dispersible tablets.

Not all pack sizes or strengths may be available in your country. Shelf life: 36 months

Storage: Store in a cool, dry and dark place.

Marketing Authorisation Holder

Manufactured & Exported by:

TAJ PHARMACEUTICALS LTD.

Mumbai, India

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